REGAINING FITNESS

It was in the month of February that I received the letter of clearance of NDA exam. That meant I had to attend the SSB procedure. I got really excited about the fact and shared it with my father. After an hour of lecture, all I was pitying myself! Siting all this while and not working out, thus adding up to a weight of 96 kilos.

I read the whole catalogue the SSB had sent. According to that the maximum weight permitted for a person of 5’9’’ is 65 kg. 96 and 65, there was no way I could go that path with the 12th boards and JEE on my head! However, I read through a clause saying that my first journey to SSB would be funded by the govt., to which I decided of visiting Bhopal. Oh, I forgot to mention but I was assigned the Bhopal SSB for my interview. But I had to be of some match to other kids there. So, the decision my dad and me, or much precisely my dad finally took was to send me to a gym.

And thus, from the next morning itself my daily diet was reduced to 20% and I had to wake up early in the morning at 5, rush to the gym at 5:30 and be there till 7! Come back and there were my books waiting for me…